IN THE CLAIMS

Please amend the claims 1-8 to read as follows and add new claims 10- as follows:

- 1. (Amended) An intervention strategy for A method for treating chronic diseases, conditions and symptoms in animals, including humans, comprising:
 - (a) withholding all food for at least 5 days, except for tropical root crops; and
 - (b) feeding a concentrated form of tropical root crops for at least the five day period.
- 2. (Amended) The method of claim 1, wherein the patient is also isolated further comprising isolating the patient from environmental allergents subsequent to said withholding steps.
- 3. (Original) The method of claim 1, further including isolating the patient from environmental allergens subsequent to said withholding steps.
- 4. (Original) The method of claim 1, wherein said withholding and feeding steps extend for at least seven days.
- 5. (Amended) the <u>The</u> method of claim 1, comprising feeding foods from the same taxonomic family as the tropical root crops once every seven days following said initial feeding step.
- 6. (Amended) The method of claim 5, comprising introducing unusual foods that the patient has eaten only once or twice in a preceding year period.

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- 7. (Original) The method of claim 6, wherein said unusual food is selected from meat, oil, fats, and combinations thereof.
 - 8. (Cancelled)
- 9. (Amended) The dietary intervention strategy method of claim 8 1, wherein said diet eliminates all supplements except mineral calcium.
- 10. (New) The dietary intervention method of claim 1, wherein said tropical root crops are at least one selected from the group consisting of Convolvulaceae, Aroid, Euphorbiaceae, Nymphaceae, Cyperaceae, Dioscoreaceae and Marantaceae.
- 11. (New) The dietary intervention method of claim 10, wherein the tropical root crop is selected so as to be fed in rotation only once in seven days.
- 12. (New) The dietary intervention method of claim 1, wherein said tropical root crops are at least one selected from the group consisting of Convolvulaceae, Aroid, Euphorbiaceae, Nymphaceae, Cyperaceae, Dioscoreaceae, Marantaceae, Alismataceae, Cannaceae, Cycadaceae, Asclepiadaceae, Zingiberaceae, Iridaceae, Leguminosae, Muscaceae, Liliaceae, Typhaceae, Urticaceae, Lamiaceae and Cucurbitaceae.

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13. (New) The method of claim 1, wherein the diseases, conditions or symptoms are

treated in a human.

14. (New) The method of claim 1, wherein the dietary intervention reduces or eliminates

at least one symptom or condition selected from the group consisting of anxiety, arthritis, asthma,

colic, congestion, diabetes, digestive upsets, irritable bowel syndrome, eczema, fatigue, migraine

headaches, multiple sclerosis, seizures and rashes.

15. (New) The method of claim 1, wherein the symptoms or conditions treated are of

multiple sclerosis.

16. (New) The method of claim 1, wherein the dietary intervention reduces or eliminates

at least one symptom or condition of Alzheimer's Disease.

17. (New) The method of claim 1, wherein the steps of withholding and feeding are

repeated at least once.

18. (New) The method of claim 1, further comprising isolating the patient from

environmental allergens during said withholding and feeding steps.

19. (New) A method for treating conditions or symptoms selected from the group consisting of acid reflux, aggression, agitation, allergies, Alzheimer's disease, anxiety, arthritis, Asperger's syndrome, asthma, autism, bed wetting, biochemical imbalance, bizarre behaviors such as sucking on carpet and poking objects down his throat, bloating, Candidiasis, colic, congestion, constipation, cramps, Crohn's disease, dark circles under eyes, deep stuporous sleep, delayed motor skills, delayed social skills, diarrhea, diabetes, digestive upsets, eating disorders, eczema, emotional outbursts, enzyme deficiencies, fatigue, fatty acid imbalance, flushed face, food allergies, sensitivities, and intolerances, food-related problems, frequent ear infections, gas, headaches, head banging, hyperactivity, hypersensitivity to sensory stimuli such as noise, motion, light, touch, smell, commotion, and the like, hypotonic muscle tone, infantile spasms, insomnia, irritability, irritable bowel syndrome, irritated and injured mucous membranes of the GI tract, irritation and inflammation of mucosal linings, itching, leaking gut, lethargy, licking moldy areas, loose and bloody stools, loss of muscle tone, malabsorption, migraine headaches, multiple chemical sensitivities, multiple sclerosis, muscle aches, muscle stiffness, muscle weakness, muscle spasms, muscle tension, nausea, noise sensitivity, non-verbal autistic child, nutritional deficiencies, obsessive compulsive behaviors, obsessive compulsive disorders, other digestive conditions, outbursts of bawling, pain, panic attacks, paleness, post nasal drip, PDD, puffiness under eyes, rages, red, hot feet, repeated infections of various kinds, screaming fits, seizures, self abuse, self-stimulating behaviors, sensory sensitivities, severe neurological effects and disorders, severely underweight, sleeping difficulties, shortness of breath, socially unresponsive, stomach aches, swelling, swollen and irritated mucous membranes, tantrums, temporary blindness, trance-like, dazed state, ulcerative

colitis, uncontrollable anger, variety of malabsorption problems, various rashes, violence, violent behaviors, violent rages, vomiting, wide variety of emotions, withdrawn, and zoned out in animals, including humans, comprising:

- (a) withholding all food from a patient for at least five days, except for tropical root crops; and
- (b) feeding a concentrated form of tropical root crops to the patient for at least the five day period.